

GYM SCHEDULE 2026 SEPT 1st to Oct 19th



START TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00:00 7:00 AM - BOTH COURTS	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN		
7:00:00 AM - COURT 1	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN
7:00:00 AM - COURT 2	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN
8:00:00 AM - COURT 1	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN
8:30:00 AM - COURT 2	INTERVAL TRAINING (45)	INTERVAL TRAINING (45)	INTERVAL TRAINING (45)	INTERVAL TRAINING (45)	INTERVAL TRAINING (45)	GYM OPEN	GYM OPEN
9:00:00 AM - COURT 1	PICKLEBALL (INTERM)	PICKLEBALL (ADV)	PICKLEBALL (INTERM)	PICKLEBALL (ADV)	PICKLEBALL (INTERM)	GYM OPEN	PICKLEBALL (ADV)
9:30:00 AM - COURT 2	PICKLEBALL (INTERM)	PICKLEBALL (ADV)	PICKLEBALL (INTERM)	PICKLEBALL (ADV)	PICKLEBALL (INTERM)	GYM OPEN	PICKLEBALL (ADV)
10:00:00 AM - COURT 1	PICKLEBALL (INTERM)	PICKLEBALL (ADV)	PICKLEBALL (INTERM)	PICKLEBALL (ADV)	PICKLEBALL (INTERM)	PICKLEBALL (INT)	PICKLEBALL (ADV)
10:00:00 AM - COURT 2	PICKLEBALL (INTERM)	PICKLEBALL (ADV)	PICKLEBALL (INTERM)	PICKLEBALL (ADV)	PICKLEBALL (INTERM)	PICKLEBALL (INT)	PICKLEBALL (ADV)
11:00:00 AM - COURT 1	PICKLEBALL (INTERM)	PICKLEBALL (ADV)	PICKLEBALL (INTERM)	PICKLEBALL (ADV)	PICKLEBALL (INTERM)	PICKLEBALL (INT)	PICKLEBALL (ADV)
11:00:00 AM - COURT 2	PICKLEBALL (INTERM)	PICKLEBALL (ADV)	PICKLEBALL (INTERM)	PICKLEBALL (ADV)	PICKLEBALL (INTERM)	PICKLEBALL (INT)	PICKLEBALL (ADV)
12:00:00 PM - COURT 1	PICKLEBALL (INTERM)	PICKLEBALL (ADV)	PICKLEBALL (INTERM)	PICKLEBALL (ADV)	PICKLEBALL (INTERM)	PICKLEBALL (INT)	PICKLEBALL (ADV)
12:30:00 PM - COURT 2	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	PICKLEBALL (INT)	PICKLEBALL (ADV)
1:00:00 PM - COURT 1	PICKLEBALL (Low Interm)	PICKLEBALL (BEGINNER)	PICKLEBALL (Low Interm)	PICKLEBALL (Low Interm)	PICKLEBALL (Low Interm)	PICKLEBALL (INT)	GYM OPEN
1:00:00 PM - COURT 2	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN
2:00:00 PM - COURT 1	PICKLEBALL (Low Interm)	PICKLEBALL (BEGINNER)	PICKLEBALL (Low Interm)	PICKLEBALL (Low Interm)	PICKLEBALL (Low Interm)	GYM OPEN	GYM OPEN
2:00:00 PM - COURT 2	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN
3:00 PM - COURT 1	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN
3:30PM - COURT 2	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN
4:00 PM - COURT 1	GYM OPEN	GIRLS BB TRAINING	GIRLS BB TRAINING	GIRLS BB TRAINING	GYM OPEN	GYM OPEN	GYM OPEN
4:00 PM - COURT 2	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN
5:00 PM - COURT 1	GYM OPEN	GIRLS BB TRAINING	GIRLS BB TRAINING	GIRLS BB TRAINING	GYM OPEN	GYM OPEN	GYM OPEN
5:00 PM - COURT 2	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN
5:30 PM - COURT 1	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN
5:30 PM - COURT 2	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN
6:00 PM - COURT 1	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN		
6:00:00 PM - COURT 2	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN		
6:45:00 PM - COURT 1	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GIRLS BB TRAINING		
7:00:00 PM - COURT 2	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN		
8:00:00 PM - COURT 1	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GIRLS BB TRAINING		
8:00:00 PM - COURT 2	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN		
9:00:00 PM - COURT 1	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN		
9:00:00 PM - COURT 2	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN	GYM OPEN		

OCT 19th week the gym because very busy with kids basketball so please check back on the new schedule Oct 19th